

School Lunch Menu: Single Choice Menu St Marys PS

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| WEEK 1 03/01/22 31/01/22 28/02/22 28/03/22 | Steak Casserole Crusty Bread Fresh Diced Turnip Tossed Salads Mashed Potato Ice Cream ,Fruit & Chocolate Sauce | Oven Baked Breaded Chicken Goujons Selection of Dipping Sauces Garden Peas Selection of Salads Mashed Potato Apple Sponge & Custard | Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables Carrot Cake & Custard | Roast Loin Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato Fresh Fruit Salad & Yoghurt | Tuna Pastabake Sweetcorn Crunchy Coleslaw Tossed Salad Chips Chilli Baby Boiled Potato Flakemeal Biscuit, Melon Boat with Yoghurt |
| WEEK 2 10/01/22 07/02/22 07/03/22 04/04/22 | Spaghetti Bolognaise Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots Homemade Rice Pudding & Peaches | Breaded Cod with lemon slice, Tartar Sauce, Baked Beans Tossed salad Mashed Potato Pineapple Sponge & Custard | Breast of Chicken Curry with Boiled Rice, Naan Bread Crunchy Fresh Coleslaw Garden Peas Selection of Salads Homemade Shortbread & Fruit Pot | Roast Beef, Herb Stuffing, Gravy, Cauliflower Cheese, Fresh Diced Carrot & Parsnip Dry roast potato, mashed potato Melon Slice & Yoghurt | Breaded Chicken Goujons or Chicken Baguette Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato Jelly & Ice Cream with Fruit Salad |
| WEEK 3 17/01/22 14/02/22 14/03/22 11/04/22 | Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate and Orange Sponge & Custard | Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato Swiss Roll & Custard Fresh Fruit | Breast of Chicken Curry with Boiled Rice, Naan Bread French Green beans Tossed salad Flakemeal Biscuit & Mandarin orange | Roast Turkey, Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Dry Oven Roast Potatoes Mashed Potato Assorted Fruits & Yoghurt | Hotdog, Sauté Onions Or Beef Fajita Carrot and Cucumber sticks With Homemade Garlic Dip Peas Chips or Baby Boiled Potatoes Raspberry ripple Ice Cream & Fresh Fruit Salad |
| WEEK 4 24/01/22 21/02/22 21/03/22 | Fresh Breaded Cod Fillets Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Mashed Potato Flakemeal Biscuit, Fruit & Custard | Pasta Bolognaise & Garlic Bread Broccoli Florets Sweetcorn Frozen Strawberry Mousse & Fresh Fruit Salad | Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Mashed Fresh Turnip Lemon Sponge & Custard | Roast Chicken Herb Stuffing, Gravy Cauliflower with Cheese Sauce Fresh Baton Carrots Dry Oven Roast Potatoes Mashed Potato Grapes or Cream Crackers & Cheese | Homemade Marguerita Pizza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Baked Potato Chips Artic Roll & Jelly & Fresh fruit |

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Selection of salads
available daily*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

